

TO: Park & Recreation Commission Members
FROM: Bill Waller, City Administrator
Jon Steffes, Summer Recreation Director
DATE: June 29, 2020
RE: Meeting Notice
Monday, July 6, 2020
5:30 p.m., La Crescent City Hall
315 Main Street

AGENDA

1. Consideration of meeting minutes – June 11, 2020.
2. Update on summer recreation sign up. Included is a comparison of 2019 to 2020 participation totals.
3. Review 2020 aquatic center schedule.
4. Discussion regarding the possibility of adding games to the 2020 summer recreation season. Included is information from the Minnesota Department of Health on youth sports.
5. Discussion regarding adding swimming lessons to the programming at the aquatic center during the 2020 summer recreation season.
6. Update – the playground equipment at Veterans Park was installed the week of June 22. A few items are yet to be completed.
7. Update – 400 wildflower plants were planted the week of June 22 in the renovated flower beds at Frank J. Kistler Memorial Park.
8. An e-mail is included regarding the formation of a US Tennis Association league in La Crescent, and their ability to reserve the tennis courts for league play.
9. Additional Discussion Items.
10. Adjournment.

NOTICE

Please take notice that pursuant to Minn. Stat. Section 13D.021, members of the Park & Recreation Commisison may attend the meeting by telephone.

Please call me at 895-2595, or e-mail me at bwaller@cityoflacrescent-mn.gov, if you will not be able to attend, have questions, or need more information.

Thank you.

TO: Honorable Mayor and City Council Members
Park and Recreation Commission Members
FROM: Bill Waller, City Administrator
DATE: June 15, 2020
RE: Meeting Minutes
June 11, 2020

The La Crescent Park and Recreation Commission met at 5:30 p.m., on Thursday, June 11, 2020, in the City Council Chambers at the La Crescent City Hall. Pursuant to Minn. Stat. Section 13D.021 and due to the COVID-19 pandemic, members of the Park & Recreation Commission and City staff were given the option to attend the meeting by telephone. The following members were present in person: Jon Steffes, Paul McLellan, Sarah Wetterlin, Diana Adamski, Eileen Krenz, and Mike Limberg. Commission member Randy Dobbs was not in attendance. Also in attendance in person were Adam Parochka, Chris Fortsch and Bill Waller.

1. It was the consensus of the Commission to approve the minutes of the May 21, 2020 Park and Recreation Commission meeting as presented.
2. An update was provided to the Commission on the on-going sign up for the modified 2020 summer recreation season, and the City's COVID-19 Exposure Prevention, Preparedness, and Response Plan for the summer recreation program were reviewed.
3. In light of the current COVID-19 pandemic, the Commission discussed the opening of the aquatic center, and provided the following recommendations:
 - a. That admission to the aquatic center be limited to residents of ISD #300, and to students that may live outside of the boundaries of ISD # 300 but attend one of the community's schools.
 - b. That groups of students from daycare programs offered through local schools be required to attend the morning open swim sessions.
 - c. That a daily screening be required of all employees at the aquatic center.
 - d. That lap swimming be limited to one person per lane, with a sign up required and a limit of one hour per person.
 - e. That for the 2020 season the rates at the aquatic center be set at \$2 per individual per session, and \$5 per family/household per session.
4. The Commission was informed that the new playground equipment at Veterans Park will be installed the week of June 22, 2020.
5. It was agreed that the next meeting of the Park and Recreation Commission would be Monday, July 6, 2020, at 5:30 pm., at City Hall.
6. There being nothing further to discuss the meeting was adjourned at approximately 7:15 pm.



2019-2020 Park & Rec Program Comparison

| 2019 Baseball | 2020 Baseball | 2019 Golf | 2020 Golf | 2019 Softball | 2020 Softball | 2019 Tennis | 2020 Tennis |
|------------------|------------------|-------------------------------------|-------------------------------------|------------------|------------------|----------------|--------------------------------------|
| 92 | 56 | Session 1: 26 Session 2: 5 | Session 1: 21 Session 2: 7 | 42 | 33 | 80 | Session 1: 46 Session 2: 21 |
| TOTAL: 92 | TOTAL: 56 | TOTAL: 31 | TOTAL: 28 | TOTAL: 42 | TOTAL: 33 | TOTAL: 80 | TOTAL: 67 |

COVID-19 Sports Guidance for Youth and Adults

This guidance document outlines the practical application of prevention strategies to reduce the spread of COVID-19 among sports activities. This document is meant to support sports of all ages, which are any sports activity where participants are organized by entities, associations, clubs, or organizations providing for registration of participants and oversight on a regular basis for a defined period of time.

Requirements and recommendations for your required COVID-19 plan are outlined below.

All businesses (sports facilities, gyms, associations, clubs, etc.) are required to develop a program-specific plan. Templates for developing a program-specific plan can be found at:

- [Stay Safe MN: Stay Safe Guidance for All Business Entities \(staysafe.mn.gov/industry-guidance/all-businesses.jsp\)](https://staysafe.mn.gov/industry-guidance/all-businesses.jsp)

All youth sports activities must also follow the parameters outlined in the following guidance:

- [COVID-19 Prevention Guidance for Youth, Student, and Child Care Programs \(www.health.state.mn.us/diseases/coronavirus/schools/socialdistance.pdf\)](https://www.health.state.mn.us/diseases/coronavirus/schools/socialdistance.pdf)

“Youth programs” mean programs providing care or enrichment to children or adolescents such as day camps, summer activities, and recreational or educational classes that require registration and have on-site supervision. “Youth programs” do not include licensed child care facilities or school-district summer learning programs.

The Minnesota Department of Health (MDH) strongly recommends the following timelines for all ages:

- Games/scrimmages – both within teams and between teams:
 - June 24 or later for outdoor sports
 - July 1 or later for indoor sports
- Full team practices for all sports
 - June 24 for indoor and outdoor sports

For organized sports of all ages, pod sizes for non-game settings are required to not exceed 25 people per pod, both inside and outside.

- Intermixing between pods should still be kept to a minimum.
- Having pods reduces the number of people potentially exposed if you have a case of COVID-19 and also makes it easier to quickly identify close contacts.

Even though epidemiological indicators show that COVID-19 is slowing in Minnesota, it is still important to plan and move cautiously when re-opening sports. Teams should recognize that COVID-19 activity may be different in different regions of the state, and therefore there is risk associated when inter-team games begin. Participating in games that require travel out of state is strongly discouraged to reduce risk of exposure. Before teams make decisions on traveling to other regions or states for games, they should review activity levels of the virus to inform their decision. See:

- [MDH Situation Update for COVID-19 \(www.health.state.mn.us/diseases/coronavirus/situation.html\)](https://www.health.state.mn.us/diseases/coronavirus/situation.html),
- [Governor's COVID-19 Dashboard \(mn.gov/covid19\)](https://mn.gov/covid19)
- [Center's Disease Control and Prevention \(CDC\) Cases in the U.S. \(www.cdc.gov/coronavirus/2019-ncov/cases-updates/cases-in-us.html\)](https://www.cdc.gov/coronavirus/2019-ncov/cases-updates/cases-in-us.html).

Recommendations for re-opening sports

Even though this guidance permits resuming games, scrimmages, and practices per the dates outlined above, the MDH still recommends a phased-in approach for the re-opening of sports. This is especially important for sports that haven't been able to have games up to this point. MDH recommends the following strategy and example as a way to phase into competition:

- Starting on June 24, begin with inter-team scrimmages as part of practice.
- Two weeks later, focus on playing teams in your local community, local club, or local organization.
- After another two weeks, consider expanding to teams beyond your local community, but consider COVID-19 case activity level and risk in those communities when making travel decisions.

Before re-opening, review national guidance on how to re-open sports safely:

- CDC guidance has considerations for youth sports. These principles can be applied to all ages: [Considerations for Youth Sports \(www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/youth-sports.html\)](https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/youth-sports.html)
- Strategies provided by the [National Collegiate Athletics Association \(www.ncaa.org/sport-science-institute/core-principles-resocialization-collegiate-sport\)](https://www.ncaa.org/sport-science-institute/core-principles-resocialization-collegiate-sport)
- Guidance and support at the [Minnesota Amateur Sports Commission \(www.mnsports.org/\)](https://www.mnsports.org/)

Consider the kind of contact each sport involves:

- Reduce contact between players as much as possible, even during games.
- Before starting games for any sport, consider the risk associated with that sport.
- It is important to remember that the more physical contact that occurs between people, the greater risk there is in spreading illness.

Resources

- [National Collegiate Athletic Association \(www.ncaa.org/sport-science-institute/coronavirus-covid-19\)](http://www.ncaa.org/sport-science-institute/coronavirus-covid-19)
- [United States Olympic and Paralympic Committee \(www.teamusa.org/-/media/8BEB91F1CD574230BCD39CE0C779B592.ashx\)](http://www.teamusa.org/-/media/8BEB91F1CD574230BCD39CE0C779B592.ashx)
- [National Federation of State High School Association \(nfhs.org/media/3812287/2020-nfhs-guidance-for-opening-up-high-school-athletics-and-activities-nfhs-smac-may-15-2020-final.pdf\)](http://nfhs.org/media/3812287/2020-nfhs-guidance-for-opening-up-high-school-athletics-and-activities-nfhs-smac-may-15-2020-final.pdf)
- In re-opening your sport, refer to your national association or conference guidance on how to return to play. See examples and links to various associations listed in the [Sport-specific resources for return to play](#) section below.

Requirements for holding games and scrimmages

Develop policies that are considerate of coaches, staff, players, volunteers, and participants at highest risk of complications from COVID-19

- [People Who Are at Higher Risk for Severe Illness \(www.cdc.gov/coronavirus/2019-ncov/need-extra-precautions/people-at-higher-risk.html\)](http://www.cdc.gov/coronavirus/2019-ncov/need-extra-precautions/people-at-higher-risk.html)
- [Executive Order 20-55, Protecting the Rights and Health of At Risk Populations during the COVID-19 Peacetime Emergency \(PDF\) \(www.leg.state.mn.us/archive/execorders/20-55.pdf\)](http://www.leg.state.mn.us/archive/execorders/20-55.pdf)

Pick the right venue

- When deciding if teams can play in various venues, consider the size of the team(s) and whether the teams can adhere to the capacity and gathering guidance.
- Facility guidance is available at [Minnesota Stay Safe Guidance \(https://staysafe.mn.gov/industry-guidance/index.jsp\)](https://staysafe.mn.gov/industry-guidance/index.jsp).
- Sports activities must continue to comply with applicable gathering and venue capacity limits.
- For example, the current social gathering size limit in outdoor public settings is 25, and applies to activities not being held in a facility or other type of venue. If the event is being held in a public setting (e.g., a running event on a public roadway), it is limited to 25 people total (spectator, administrator, and participant).

Minimize crowding at games and practices

- Friends and family should not attend practices to avoid crowding.
- If necessary for them to be at practices, ensure that proper social distancing is maintained and encourage the use of cloth face coverings.
- If spectators are present at scrimmages or games, they must:
- Follow the guidelines for a public gathering space; they must follow social gathering guidance and maintain at least 6 feet of physical distance from each other.

COVID-19 SPORTS GUIDANCE FOR YOUTH AND ADULTS

- Follow the guidelines outlined by the hosting facility in terms of capacity and other social distancing measures.
- Facility guidance is available at [Minnesota Stay Safe Guidance \(https://staysafe.mn.gov/industry-guidance/index.jsp\)](https://staysafe.mn.gov/industry-guidance/index.jsp).
- Follow facility requirements regarding wearing cloth face coverings. Cloth face coverings are encouraged even if not required by the facility.

Follow social distancing recommendations

- Adhere to social distancing recommendations when participants are not playing (on the bench, in the dugout, on the sideline, etc.).
- Practice social distancing of 6 feet from other households during drop off/pick up of players.
- Find new ways to show sportsmanship, for example use hands or hats to give a wave.

Promote cloth face coverings or facemasks

- Promote wearing of cloth face coverings or facemasks to reduce risk of COVID-19 transmission, including when arriving at the sports facility.
- Athletes, volunteers, and coaches must follow facility requirements regarding wearing cloth face coverings or facemasks. Even if not required by the facility, athletes, volunteers, and coaches are expected to wear cloth face coverings or facemasks as much as possible when not in games.
- We recognize cloth face coverings or facemasks may be challenging to wear while participating in athletic events.

Maintain health checks and screening of participants and staff/volunteers

- Any staff, volunteers, or participants who are sick must stay home.
- Have policies in place outlining the process for those who become sick while participating in a sport.

Identify a plan administrator for your organization's COVID-19 plan

- Communicate your COVID-19 plan with officials, umpires, and trainers.
- This should include expectations around screening, masking, and other prevention efforts.
- Plan templates are available at [Stay Safe Guidance for All Business Entities \(https://staysafe.mn.gov/industry-guidance/all-businesses.jsp\)](https://staysafe.mn.gov/industry-guidance/all-businesses.jsp).
- Maintain contact information and team rosters, and be prepared to support local public health contact tracing efforts if exposures occur.
- Develop a disease reporting process.
- If a case of COVID-19 is reported to you and is a part of your organization or team, report the case to the Minnesota Department of Health at health.sports.covid19@state.mn.us.
- MDH or local public health will work with you to identify close contacts and do follow-up with your team.

Minimize sharing of objects

- Do not share individual water bottles, community snacks, or towels.
- Encourage use of dedicated personal equipment such as bats, mitts, rackets, etc.

Assess risk of traveling for games

- Participating in games that require travel out of state is strongly discouraged to reduce risk of exposure.
- Before teams make decisions on traveling to other regions or states for games, they should review activity levels of the virus at:
 - [MDH Situation Update for COVID-19 \(www.health.state.mn.us/diseases/coronavirus/situation.html\)](https://www.health.state.mn.us/diseases/coronavirus/situation.html),
 - [Governor's COVID-19 Dashboard \(mn.gov/covid19\)](https://mn.gov/covid19)
 - [Center's Disease Control and Prevention \(CDC\) Cases in the U.S. \(www.cdc.gov/coronavirus/2019-ncov/cases-updates/cases-in-us.html\)](https://www.cdc.gov/coronavirus/2019-ncov/cases-updates/cases-in-us.html)

Guidance development

- This document was developed in collaboration with stakeholders in Minnesota – in particular, the Minnesota Amateur Sports Commission and the Higher Education Athletic Task Force.
- The Minnesota Department of Education continues to partner with the Minnesota State High School League in providing guidance to member schools regarding participation in athletics and activities. School-based activities and athletics are important to our students' educational experience and more specific guidance will be provided in alignment with the three educational scenarios described in the [2020-2021 Planning Guide for Schools: Health Considerations for Navigating COVID-19 \(PDF\)](https://www.health.state.mn.us/diseases/coronavirus/schools/k12planguide.pdf) (www.health.state.mn.us/diseases/coronavirus/schools/k12planguide.pdf). This document provides parameters for schools to use in their planning for possible reopening in fall 2020-2021.

Future guidance

- We will continue to monitor the trends of COVID-19 and continue to dial up or dial back as needed.
- MDH will pay close attention to transmission trends in sports and refine guidance and response recommendations as needed to help prevent the spread of COVID-19.

Plans for modifying play

Be prepared to have plans in place to modify your play should any of the following occur:

- A cluster of infections occur on your team.
- An inability to maintain COVID-19 prevention and response protocols.

- An inability to track and/or isolate players or staff.
- Changes to public health official guidelines regarding group gatherings.

Sport-specific resources for return to play

- [USA Wrestling COVID-19 Update \(www.teamusa.org/USA-Wrestling/Features/2020/March/14/COVID-19-Special-Section\)](http://www.teamusa.org/USA-Wrestling/Features/2020/March/14/COVID-19-Special-Section)
- [USA Wrestling's Return to the Mat Guidelines \(PDF\) \(content.themat.com/covid-19/USAW-Return-to-the-Mat-Guidelines.pdf\)](http://content.themat.com/covid-19/USAW-Return-to-the-Mat-Guidelines.pdf)
- [USA Hockey Player Safety & Health \(www.usahockey.com/playersafety\)](http://www.usahockey.com/playersafety)
- [Minnesota Ice Arena Managers Association COVID-19 Reference Page \(miama.org/members/covid-19-reference-page/\)](http://miama.org/members/covid-19-reference-page/)
- [US Lacrosse Return to Play \(PDF\) \(www.uslacrosse.org/sites/default/files/public/documents/safety/return-to-play-final-1.pdf\)](http://www.uslacrosse.org/sites/default/files/public/documents/safety/return-to-play-final-1.pdf)
- [USATF Coronavirus 2019 \(COVID-19\) Information Page \(www.usatf.org/covid19\)](http://www.usatf.org/covid19)
- [USA Volleyball Return to Play Guidelines \(www.teamusa.org/usa-volleyball/features/-/media/A455B89BE0094BDC96EFEC89BFD324D6.ashx\)](http://www.teamusa.org/usa-volleyball/features/-/media/A455B89BE0094BDC96EFEC89BFD324D6.ashx)
- [USA Ultimate Return to Play Guidance \(PDF\) \(www.usultimate.org/assets/1/Page/ReturnToPlayGuidance-June2020.pdf\)](http://www.usultimate.org/assets/1/Page/ReturnToPlayGuidance-June2020.pdf)
- [USA Swimming Coronavirus Resources \(www.usaswimming.org/utility/landing-pages/coronavirus\)](http://www.usaswimming.org/utility/landing-pages/coronavirus)
- [USTA Tennis Playing Tennis Safely \(www.usta.com/en/home/stay-current/national/usta-statement-on-safety-of-playing-tennis-during-the-covid-19-v.html\)](http://www.usta.com/en/home/stay-current/national/usta-statement-on-safety-of-playing-tennis-during-the-covid-19-v.html)
- [USA Soccer Recommendations Guides \(www.ussoccer.com/playon/guides/phase-1-grassroots\)](http://www.ussoccer.com/playon/guides/phase-1-grassroots)
- [USGA Guidance in Applying Golf's Rules and Posting Scores \(www.usga.org/content/usga/home-page/rules-hub/rulesarticles/covid-19-rules-and-handicapping-faqs.html\)](http://www.usga.org/content/usga/home-page/rules-hub/rulesarticles/covid-19-rules-and-handicapping-faqs.html)



Minnesota Department of Health | health.mn.gov | 651-201-5000
625 Robert Street North PO Box 64975, St. Paul, MN 55164-0975

Contact health.communications@state.mn.us to request an alternate format.

06/19/2020

Frequently Asked Questions: Updated COVID-19 Guidance for Youth and Adult Sports

Can kids play sports?

Organized youth sports have been open since June 1 for teams to focus on individual development in smaller group settings. This guidance change recommends that all sports teams use the following timelines for resuming games and scrimmages: June 24 or later for outdoor games, and July 1 or later for indoor games. The Minnesota Department of Health recommends a slower phasing-in for games to allow additional time to phase back into full participation.

Can adults play sports?

While not recommended, adult sports have been able to have games since June 10. The Minnesota Department of Health recommends waiting until at least June 24 for the resumption of outdoor adult sports and at least July 1 for the resumption of indoor adult sports.

What are the rules for spectators?

Spectators should follow social distancing recommendations including the wearing of masks as well as maintaining at least 6 feet of physical distance from each other. Spectator capacity is determined by the applicable gathering and venue capacity limits.

Are professional sports allowed?

Professional sports are considered workplace settings and are subject to different guidance.

Can we travel to other states for games and tournaments?

While not prohibited, it is recommended to play regionally to reduce the risk of geographic spread.

Will high school sports be allowed to return this summer and fall?

While allowed per the Minnesota Department of Health guidance, high school sports also fall under the guidance and direction of the Minnesota High School League.

Are the number of participants at a practice limited?

There is a pod size limit of 25 people for practice settings, both inside and outside. Different athletic settings allow for multiple pods per setting. Intermixing between pods should still be kept to a minimum.

How can we stay healthy when playing sports?

- Ensure policies are considerate of staff, volunteers, and participants at highest risk of complications from COVID-19.
- Adhere to social distancing recommendations.
- Maintain health checks and screening of participants and staff/volunteers.
- Stay home if you are sick!

What role do associations, organization and leagues play to help us play safely?

Many associations have sport-specific guidance that are intended to provide additional safety precautions for the respective sports. These associations have the best expertise that is specific to a given activity and continue to evolve their respective guidelines and policies.

What happens if there is a larger sports-specific outbreak?

It is possible that specific sports or leagues would have to discontinue playing until they can resume in a safe manner.

What will happen if my child or I have exposure to a player, coach, or staff member with COVID-19?

When a case of COVID-19 is reported to MDH, an interview is conducted to determine who that person was in close contact with while infectious. The people who were exposed will be called by health officials to discuss their exposure. A 14-day quarantine period may be recommended.

To whom does this guidance apply?

This guidance applies to all participants (athletes, coaches, staff, and volunteers) involved in organized youth and adult sports.

Does the recommended language mean we can play this weekend?

Yes, however we strongly encourage youth sports to wait and follow the recommended timelines. The timelines were developed by our public health experts to protect the health of our children and our communities, and to continue to slow the spread of COVID-19. We strongly encourage everyone to follow the recommendations.



Minnesota Department of Health
625 Robert Street North | St. Paul, MN 55164
651-201-5000 | www.health.state.mn.us

To obtain this information in a different format, call: 651-201-4989.
06/19/2020

8

Bill Waller

From: Liz Ritter <tennislizzie@gmail.com>
Sent: Tuesday, June 23, 2020 9:26 AM
To: Bill Waller
Cc: Jon Steffes
Subject: Tennis League Play?

Hello,

Can you advise if it would be possible or if there is any issue to have tennis league play on the La Crescent Courts this week through mid-August?

The three leagues would consist of 3 doubles matches or a total of 12 people on the 3 courts for 2 hours in the evenings of Monday (mens), Thursday (women's), and Sunday (mixed).

The volume of players is less than normal as only those comfortable playing will be playing. Players have received COVID guidelines from USTA encouraging social distance as much as possible, hand sanitize/wash hands, limit conversation when switching sides, etc.

<https://www.usta.com/en/home/stay-current/national/usta-statement-on-safety-of-playing-tennis-during-the-covid-19-v.html>

A player waiver (below link) is also completed to avoid any liability issues.

<https://ustamidwest.formstack.com/forms/waiver>

If you could please let me know at your soonest convenience, I'd appreciate it!

Thank you!
Liz

Liz Ritter
USTA WTA LAL LLC
507-313-3261 (c)
tennislizzie@gmail.com

www.wisconsin.usta.com

GET the NEW USTA Wisconsin app at the iTunes store and [googleplay.com](https://play.google.com/store/apps/details?id=com.usta.wisconsin)

ATTENTION:

June 28-August 17

Kistler Park Tennis Courts are unavailable the following days and times due to scheduled USTA leagues:

Monday's 6:00pm-8:30pm
Thursday's 5:30pm-8:00pm
Sunday's 3:00pm-7:30pm

Thank you for your cooperation!

Any questions or concerns please contact:
The La Crescent City Hall or
tennislizzie@gmail.com



MIDWEST